

APRIL 2020



AROUND ALHAMBRA

PUBLISHED BY THE ALHAMBRA CHAMBER OF COMMERCE

SECTION B

life

community
seniors / health
dining / entertainment
auto / real estate

Easter Dining Guide



Easter is April 12, and while it's a special day for families it is also a huge day for local restaurant managers and employees. Restaurants in the city have been affected by the COVID-19 pandemic, but some remain open and are offering other options to enjoy delicious meals at home to celebrate this special day with their loved ones.

Chamber member restaurants offering pick up, take-out, and delivery options:

38 Degree Ale House and Grill, 100 W. Main St. 91801 (626-282-2038), offers a diverse selection of food from pastas, barbecue meat selections, burgers, and sandwiches. Check out their specials and food menu items at www.38degreesalhambra.com, and call for take-out and pickup orders.

Alondra Hot Wings, 515 W. Main St. 91801 (626-576-7119), home of the "Best Wings in Town," has a great variety of pizzas, pastas, sandwiches, burgers, and chicken wings on the menu. Alondra Hot Wings is offering pickup and delivery Monday – Sunday from 11 a.m. to 8 p.m. Check www.lovealondras.com for more menu information and online ordering.

Applebee's Restaurant, 21 E. Main St. 91801 (626-576-4621), has many delicious items on the menu from appetizers, entrees like steak and ribs, fajitas, salads, pastas, and sweet desserts. Their 2 for \$22 menu is a great deal for the money. For a limited time, enjoy free delivery with online and mobile app ordering. Find more information at www.applebees.com.

Angelo's Italian Restaurant and Pizzeria, Inc., at 1540 W. Valley Blvd. 91803 (626-282-0153), has served homemade Italian food since 1962. Their popular Sicilian-style pizza dishes and their authentic pastas with house made sauces are popular. Angelo's Italian Restaurant and Pizzeria offers special dinner combinations, such as the warm hearty Pasta Portofino Combo, which is served with chicken breast and shrimp over linguini, garlic, sauteed tomato, and white wine sauce. Try Angelo's thickened crust pizza specialty items, or they can build their own pizza with choices from one item to multiple items of fresh toppings and choose from a list of in-house sauces. Delivery can be via postmate, grubhub, and ubereat, and pickup options are available. Contact Angelo's to order or for more information.

SEE THE FULL LIST ON PAGE 7B

Alhambra's Artistic American Experience

Alhambra was a microcosm of the United States during the first half of the 20th century. Alhambra reflected the resources, commerce, and creativity of the American Experience.

Our city enjoyed real estate resources that provided moderately priced homes and rental units. There were industries like the Alhambra Foundry that was pouring molten metal into casts like a Pittsburg steel mill, and the city was headquarters for leading international corporations such as the CF Braun in petro chemicals and the Vinnell Corporation in civil engineering. America's second Transcontinental railroad ran along Mission Road while Hollywood elites like Spencer Tracey and Walt Disney played polo at the Midwick Country Club on Hellman Avenue.

But there was another cultural reflection of the American Experience that Alhambra possessed. Alhambra reflected America's art of this era. And Alhambra



Frank Tenny Johnson painted the American West with paintings like Somewhere on the Range.

Gary Frueholz is a realtor with Dilbeck Real Estate, a past member of the Alhambra Planning Commission, a Certified Senior Real Estate Specialist, and a Certified International Property Specialist. He can be reached at 626-318-9436.
See his stories at www.garysstories.com.

SEE FULL ARTICLE ON PAGE 10B



Rediscover the true meaning of Easter at MBCLA

By Daniel Chan

In mid-March, the shelves of most stores and markets are full of green decorations and ornaments for St. Patrick's Day. It will soon be replaced by bunnies, eggs, chocolates, and gifts for Easter. The businessmen are the first ones to respond to all the major holidays: Easter, Thanksgiving, and Christmas, etc. Yet, the world has gradually lost the sense of the true meaning of each holiday. Instead, the world is focused on shopping with big sales, celebrating with big meals, and exchanging big gifts. As Easter is approaching, may we once again recap the true meaning of Easter.

The majority of Americans understand Easter Sunday as the day to celebrate the resurrection of the Lord Jesus Christ. It helps us to remember that 2,000 years ago, Jesus Christ paid the debt of our sins on the cross when He died, was buried, and then rose on the third day. Easter Sunday is the day to remember this historical event that changed the history of the human race. It was passed down first from the tradition of the Apostles in the first century, modified by the Roman Emperor in the fourth century, and finalized by the Pope in the 16 century. In the turn of the 20 century, the secular world has tried to redefine or rediscover the Easter holiday with their terms of new

CONTINUED ON PAGE 3B

HE IS RISEN! 主已復活了！

Celebrate this Easter with Mandarin Baptist Church of Los Angeles

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4/10 (Friday 星期五) 晚上 7:30 pm

紀念主受難主餐崇拜 Good Friday Lord's Supper Service

4/12 (Sunday 星期日) 上午 9:00 & 11:00 am

慶賀主復活主日崇拜 Easter Celebration Sunday Service

4/12 (Sunday 星期日) 晚上 7:00 pm

紀念主復活暨教會57週年堂慶感恩崇拜 57th Anniversary Service

All services subject to change in light of COVID-19. Please check www.MBCLA.org for updates.

* 因疫情的關係，教會所有聚會的消息，請查詢教會網站 mbcla.org *

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Seniors / Retirees News | Activities, Projects, Features

Down through the ages, people have helped their fellow human beings

By Craig Statton

Atherton, 214 S. Atlantic Blvd., Alhambra, CA 91801

Before I became the CEO of Atherton Baptist Homes, I was a pastor at First Baptist Church of Selma, California. Selma is located in the heart of the San Joaquin Valley of California near Fresno. It is known as "The Raisin Capital of World" because there are more raisins grown around this

community than anywhere else in the world. The church had a long history of 125 years, and one of the milestones in its career was the Spanish influenza of 1918. During that year the community was quarantined; however, when the hospital was full of patients, the church let the medical community set up an alternative hospital in its basement. In addition, members of the church were willing to help care for their

sick friends at risk to their own health. It was a brave decision the church members made, and the town was thankful for the selfless act of those church members.

In 1547, a plague broke out in the community of Wittenberg, Germany, where a minister named Martin Luther served. Luther was asked by another minister, John Hess, what to do, and Luther wrote a rather lengthy answer. It can be summarized by a few lines from the letter:

"I shall ask God mercifully to protect us. Then I shall fumigate, help purify the air, administer medicine and take it. I shall avoid places and persons where my presence is not needed in order not to become contaminated and thus perchance inflict and pollute others and so cause their death as a result of my negligence. If God should wish to take me, he will surely find me, and I have done what he has expected of me and so I am not responsible for either my own death or the death of others."

If my neighbor needs me however, I shall not avoid place or person but will go freely as stated above. See this is such a God-fearing faith because it is neither brash nor foolhardy and does not tempt God."

Luther's first concern was to pray to God, but then he was cognizant to follow the best medical and public health advice of the day. Luther was not naïve; he believed that faith worked best when it was matched with the best wisdom of the doctors and scientists of his day. Luther also believed that it was important to practice "social safety" in order that he did not spread the disease and create more problems for others. Finally, Luther believed that he had to help

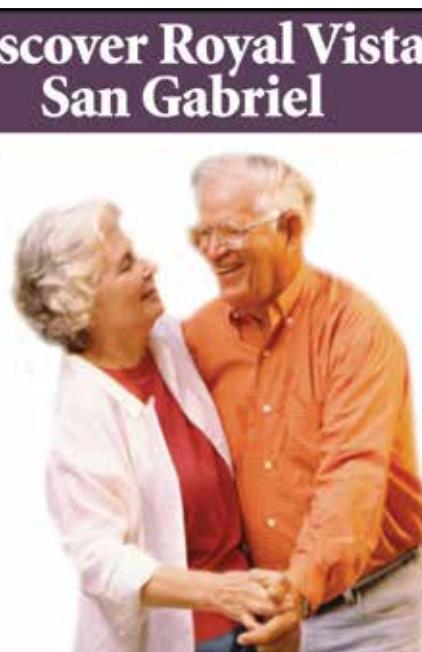
his "neighbor" if he were needed. He knew this would put him in danger, but his faith called him to care for them.

These last words remind me so much of the men and women who are caring for those who are ill from our latest virus. These men and women selflessly put themselves on the line in order to alleviate the suffering and help in the curing progress of those who have contracted COVID-19. It also reminds me that as we ask our most vulnerable residents, our senior adults, to stay home, it is important that our community looks for ways to check on them and make sure social distancing does not become social isolation.

This plague will also pass as all have before it. Unfortunately, there will be casualties, but there will also be men and women who display caring and courage to help their fellow human beings during this time. If you see one of these folks, say thank you. They are today's heroes, and we owe them our gratitude. Soli Deo Gloria!

The Joslyn Center's Breakfast with the Bunny for April 10 and the Senior Outings trip to Morongo Casino trip for April 8 have been canceled. As of March 23, please look at cityofalhambra.org for the most updated information.

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Brookdale Senior Living provides independence through assistance, services

Brookdale Senior Living is the largest retirement living provider in the United States, and is located in the heart of Alhambra at 1 E. Commonwealth Ave. They maintain a community of 88 separate apartments.



Brookdale residents get a visit from Alhambra Police Officers.

Here, trade the burdens of home maintenance and chores for the good life. Attend a morning devotional or participate in Brookdale's fitness classes. There is a concierge service, a library, restaurant style dining offering western and Asian menus, game room, and a beauty/barber shop. The community is also pet friendly.

Check out Brookdale's monthly calendar, which is packed with daily activities, including movies (with popcorn), exercise, and quiet devotional time.

Quality care is always available. The Brookdale care team is on campus 24 hours a day, seven days a week to offer assistance.

Brookdale offers an assisted living program where residents have their own private apartment and access to the restaurant style dining. The additional care comes in the form of assistance with medication, dressing, and bathing if needed.

Brookdale Alhambra is one of the few elder living communities in the country that

REDISCOVER THE TRUE MEANING OF EASTER AT MBCLA

CONTINUED FROM PAGE 1B

meanings. It is a good time to rediscover the true meaning of Easter.

The important fact is that Jesus died on the Day of Jewish Passover. The Jewish Passover is the day when the Jews remember how God led their forefathers out of slavery from Egypt. The Jewish Passover usually falls on the spring season of the year when most of the ethnic groups celebrate their spring festivals. Therefore, the Day to celebrate Christ's resurrection is also the season when many other ethnic groups celebrate their own spring festivals and their gods in different religions. That was the reason why the Roman Emperor Constantine, who became a Christian in 313AD, tried to put Christian holidays in the Roman Empire. The day commemorating Christ's resurrection was changed from the Jewish Passover Day to the closest Sunday in the spring season. At the same time, Constantine understood many ethnic groups in the empire were celebrating different gods and religions in the same time. Therefore, he made his best effort to Christianize the spring festivals of that time. In a short summary, the original Easter was to commemorate and celebrate Christ's resurrection from death, but many "Christianized traditions" were not started by Christians but were brought in later such as the bunnies, the eggs, and others.

For this coming Easter, Mandarin Baptist Church of Los Angeles will hold three celebration events for Easter weekend. Our church is located at 110 W. Woodward Ave., Alhambra 91801. The first event, which we will be celebrating Good Friday, will be April 10 at 7:30 p.m. The second event will be our Easter celebration Sunday Service, which will be held on April 12 at both 9 a.m. and 11 a.m. The final event is our 57th Anniversary Celebration on April 12 at 7 p.m.. Please come join us, as we celebrate Easter and the death and resurrection of Jesus Christ.

*All services are subject to change due to concerns of COVID-19. Please check www.MBCLA.org for all updates regarding our church services.

emphasizes service to the growing Asian population. Asian families from all over the country entrust their elders to Brookdale Alhambra. In addition to an Asian menu, staff members speak a variety of Asian languages, as do local doctors, pharmacists, and health providers in the area. Many of the activities at Brookdale are offered in different languages as well.

Brookdale has reached out to local partners to enrich the experience they offer. They make available the extensive program

of offerings at the Joslyn Adult Center. They partner with local churches for in-house worship, and their partnership with local schools has brought bands from Mark Keppel High School to provide entertainment and socialization with young people.

For more information, contact Brookdale Alhambra at 626-289-3871, see their website at <https://www.brookdale.com/en/communities/brookdale-alhambra/details.html>, or make an appointment to visit them in person for a tour and to answer questions.

HE IS RISEN

Easter Celebration

SUNDAY, APRIL 12

6:30 A.M. - SUNRISE SERVICE

11:00 A.M. - WORSHIP SERVICE

Easter Egg Hunt & Lunch Immediately Following the 11:00 a.m. Service



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9:00am - 10:00am**

Service 10:30am

Health & Medical News | Hospitals, Physicians, Dentists, Facilities

Can tonsils give you bad breath?

What are tonsil stones?

Your tonsils have crypts. They look like pockets or crevices and are naturally found inside your tonsils. Small crypts are usually clean and debris free. Bigger ones, however, can accumulate leftover food, mucus, and bacteria and make small formations called tonsil stones. Tonsil stones are relatively small, white, rounded specks. They can be tough to see and difficult to remove.

Also, at the bottom of the tonsil crypts oxygen is lacking, which is the perfect environment for bacteria to grow and cause an infection, inflammation, and more stones.

Adults are more prone to develop these tonsil stones than children. This condition usually won't cause any life threatening symptoms, but it can cause the sufferer a great deal of embarrassment and discomfort. Here are the four major symptoms:

- Bad breath.
- Feeling of having something stuck in your throat.
- Chronic sore throat.
- Foul-smelling cheese-like clumps in your mouth



**Ask
Dr. Dara,
D.D.S.**

Dr. Dara Gashparova, D.D.S. is located at 70 S. Palm Ave., Alhambra 91801. Readers with dental questions or concerns should contact her at 626-289-6131, or email daradds@yahoo.com.

hydrogen peroxide. It is an excellent oral antiseptic rinse. If you fear you may swallow, you could just swab the peroxide on your tongue and tonsils using a Q-tip.

- Use a tongue scraper to remove bacteria and other debris from your tongue.
- Brush your teeth as soon as you finish your meal so the little stones don't have what they need to grow.
- Limit food and habits that make your mouth dry, like coffee, soda, smoking, and alcohol.
- Limit dairy products if you can. Milk is known to increase mucus production.



up the solution and then begin gargling the water and spitting it out. If you experience tonsil stones regularly, you can gargle with salt water after each of your meals to help prevent the stones formation.

Use cotton swabs. Get in front of a mirror and use a flashlight to see the stones at the back of your mouth clearly. Dip your Q-tip in hydrogen peroxide and then place it on the lower part of the stones you want to remove and press gently. After you remove the stone gargle with salt water.



How to remove tonsil stones at home

Start with a salt water gargle. Salt water will not only help loosen the stones but salt is also known to stop bacteria growth and lower the inflammation. Add a teaspoon of table salt to a cup of warm water. Mix

A lot of people have tonsil stones, but they are so small that they don't bother them. If yours are bothering you and can't be removed at home, don't hesitate to seek medical help. Your dentist and your ENT specialist should be able to help.

Tonsil stones prevention

- Drink water as much as you possibly can.
- Gargle daily with a 50/50 mixture of water and



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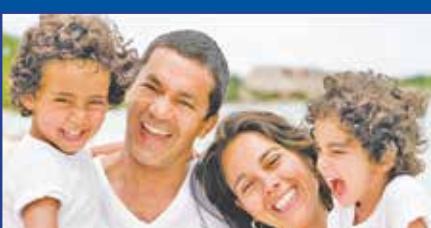
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IT'S ALL IN THE ATTITUDE

BY SHEILA YONEMOTO, P.T.

I used to dread preparing for taxes thinking it was going to take a long time. But now, I find that it really doesn't take much time for me. Thank goodness my life seems to become simpler as time goes on.

A bonus came into my hands as I was shredding old documents to make room for the most recent documents, so I don't have to buy another accordion file. I came across an old program of a memorial service for a dear friend who passed away 10 years ago. It's hard to believe that it has been that long. At any rate, there was a poem that he wrote in that program that I would like to share with you.



Sheila Yonemoto, P.T., has been a physical therapist for more than 30 years, specializing in integrative manual therapy using a holistic approach. She can be reached at Yonemoto Physical Therapy, 55 S. Raymond Ave, Suite 100, Alhambra 91801. Sheila also offers a Qigong Chinese Energy exercise class. Your first class is free. Phone 626-576-0591 for more information, or visit www.yonemoto.com.

First Light

Approach this day
As if it were your last
And your first.

Make it new
because it is,
If you look
With new eyes.

See morning light
Trickle down treetops.

With a newborn's power
Light every spirit
You encounter.

As the creator that you are,
Breathe life into
Every creature,
Every stone, every star.

Embrace this new day.
It is your last,
Your first,
And will be again tomorrow.

Harvey Schmiedeke
1947-2009

Fight flu by keeping your mouth healthy, free of infection

A healthy mouth is positively linked with reduced rates of heart disease and other chronic illnesses. How harmful bacteria in the oral cavity can increase susceptibility to harmful systemic viruses has received more and more attention from researchers.

Many common oral bacteria associated with gum disease also have an immune-suppression effect that increases susceptibility to cold and flu viruses like influenza and rhinovirus, according to researchers at North Carolina State University in collaboration with the CDC and reported in the *RDH Journal*. According to the *RDH Journal*, two of the most virulent bacteria are:

Porphyromonas gingivalis. *P. gingivalis* is found in the oral cavity. While it is generally present in low numbers, it has many ways of suppressing the immune system to evade immune responses. *P. gingivalis* has been linked to chronic immune conditions, rheumatoid arthritis, and viruses like HIV and herpes.

Streptococcus pneumoniae. *S. pneumoniae* is a bacteria generally found in the respiratory tract, sinuses, and nasal cavity. It becomes pathogenic when the host immune system is suppressed and colonizes the air sacs of the lungs. *S. pneumoniae* has a powerful ability to repair its own DNA when damaged by the host immune response, continuing to transfer itself to non-infected cells. While most frequently associated with pneumonia and meningitis, it is also positively associated with periodontitis and oral plaque and increases the risk of death when comorbid with the influenza virus.

Illness-causing viruses and bacteria interact in two ways:

- Direct interactions, in which a virus exploits a bacterial component to penetrate a host cell, leading to viral infestation, such as the flu.

- Indirect interactions, in which a viral infection causes increased spread of bacterial infections.

In short, a review of the literature suggests that heightened oral care may be an under-utilized avenue for prevention of disease and mitigation of lethality during cold and flu season. In addition to conventional flu prevention methods such as handwashing, avoiding exposure, and getting a flu shot, additional preventive methods specifically targeting oral health may be beneficial. Here are some additional ways patients can take care of themselves during the flu season:

- Get regular dental checkups and dental cleanings.
- Brush and clean in between teeth regularly.
- Wash your hands before flossing to prevent bacteria from entering the mouth.
- Replace toothbrushes every three or four months, and discard a toothbrush if it was used while suffering from the cold or flu.
- Thoroughly rinse toothbrushes after use and allow them to air-dry in an upright position between uses.

So see your dentist to keep your immune system operating at an optimal level.



Dr. John Chao is the inventor of the Pinhole® Surgical Technique. For more information, contact Dr. Chao at 100 S. First St. Alhambra, CA 91801 or phone at 626-308-9104. Visit Dr. Chao's website, chickenswelcome.com

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Akira Hirose
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El Patio Tepeyac mural.



Chicken mole plate and chilaquiles breakfast plate.

El Patio Tepeyac Mexican Restaurant: hidden gem offering big flavors

By Jewelyn Co

Serving the Alhambra community since 1981, El Patio Tepeyac Mexican Restaurant is a family-owned restaurant that serves authentic Mexican food. It is located in the busy Palm Mission Industrial Park Plaza, 800 S. Palm Ave., Suite 8, Alhambra, and is the city's best kept secret that has had locals and outside visitors returning for many years.

The restaurant was initially located at 408 S. Palm Ave, Alhambra. Humberto and Maria Hernandez purchased the business in 1981 and continued to operate under the same concept and name. El Patio Tepeyac and the Hernandez family relocated after 10 years to a larger space nearby when the opportunity became available. At its current location, El Patio Tepeyac has a larger dining area, patio seating, extended items on the menu, and a full bar.

Humberto and Maria's children, Roland and Erik, have been a part of the restaurant since they were younger. In 2007, Maria and Erik opened La Cafeina Cafe & Taqueria in the previous location, while El Patio Tepeyac continued to be operated by Humberto and Roland. Due to health reasons, Humberto took a break from operating the restaurant with his son, and the family made a decision to close La Cafeina & Taqueria to help run El Patio Tepeyac. "Regular customers from La Cafeina would request certain dishes that were served there, and we would prepare it for them."

CONTINUED ON PAGE 7B

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Alhambra Performing Arts Center postpones concerts



The Alhambra Performing Arts Center has postponed its free performances for the next few months.

The Alhambra Performing Arts Center, under the direction of Chef/Artistic Director Bill Yee, is postponing its popular free performances for the next few months out of concerns regarding the virus pandemic.

The performances affected include March 29 – Music from Argentina, April 26 – Bluegrass in Alhambra, May 23 – Flamenco Alhambra featuring legendary Inesita, and June 21 – Tchaikovsky Violin Concerto in D Major featuring Jacqueline Suzuki.

The Alhambra Performing Arts Center has started its 14th year with its free community concert events featuring world-class performers including classical, jazz, bluegrass, and dance, to the delight of thousands of patrons over the years. Mr. Yee is also an award-winning chef and has provided training for the past few years with his Alhambra Culinary School.

For more information regarding the 2020 performances, e-mail bizwind@yahoo.com, or call 626-230 5435.

WHERE LEMON GETS ITS PEPPER



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WING STOP

EL PATIO TEPEYAC MEXICAN RESTAURANT

CONTINUED FROM PAGE 6B



El Patio Tepayac staff and family, from left: Lety Aleman, Erik Hernandez, Maria Hernandez, Roland Hernandez, and Federico Pinada. In front: kids Makayla Hernandez and Aiden Hernandez.

Roland said.

Choose from the many items of combination plates, burritos, tostadas, tortas, burgers, and seafood on the menu. Largely portioned with the homemade taste of Mexican dishes, the foods are prepared with fresh ingredients and spices daily. Combination plates are served with rice and beans, and all enchiladas come with meat sauce. One of the crowd favorites is the Hollenbeck burrito prepared with pork, rice, beans, and fresh guacamole. Massive in size, the Tepeyac burrito is prepared with three regular sized tortillas filled with beef or pork, rice, beans, and guacamole. The chicken mole plate is served with tender chicken breast covered with mole sauce and bursts with delicious flavors of blended spices and peppers. Perfect for breakfast is the chilaquiles plate, which is served with fried egg on top with rice, beans or potatoes, and tortillas. Warm up on cold days with soups like the albondigas, chicken soup, and menudo. The seafood ceviche brings refreshing tastes on warm days.

The restaurant has a full bar that serves domestic and imported beers, well drinks, micheladas, and the very popular house margaritas. Traditional Mexican drinks such as horchata, jamaica, and tamarindo can go very well with any dish on the menu. A must try is the iced coffee horchata served with blended ice and freshly brewed coffee.

The restaurant is busy during lunch hours since many of the customers are local workers from businesses in the area. Public Works employees can take advantage of discounts that are offered on Mondays.

"We are currently a lunch restaurant," Roland said. "We hope to open during later hours in the future."

El Patio Tepeyac offers small to large catering party trays for any occasion and events with various items of dishes and drinks. "We usually receive a lot of large orders and get busy during holidays because of company parties," Maria said

Restaurant hours are from 8 a.m. to 5 p.m. Monday through Friday, 8 a.m. to 4 p.m. Saturday, and closed Sundays. Enjoy Happy Hour from 3 to 5 p.m. Monday through Thursday and all day Fridays. Follow their social media at @elpatiotepeyac on instagram and Facebook for specials and menu items. Free local deliveries are offered through UberEats and Doordash. Call to check hours: 626-308-3866.

"People who work with us are family members and staff who have become family to us and have been with the restaurant for many years," Roland said. "When my brother and I were younger, we would help with the restaurant, and now people would be surprised to see us grown and running this business. I hope that our children and their following generations will continue to run this restaurant. One day, when my kids are older, people will tell how they remember them in the restaurant."



Roland Hernandez at the original El Patio Tepeyac and previous La Cafeina.

EASTER DINING GUIDE

CONTINUED FROM PAGE 1B

Baja Cali Fish and Tacos – Main, 31 E. Main St., Alhambra 91801 (626-940-5549), Valley Blvd., 2001 W. Valley Blvd., Alhambra 91803 (626-872-0479), has a variety of genuine Baja Cali style foods on the menu from fish tacos, burritos, tostadas, and fresh seafood cocktails. There are many to choose from at the Baja Cali's weekday specials including the \$5, \$6, or \$7 deals. Enjoy 20% off for a limited time for takeout orders. Delivery options are also available with Door Dash, Grub Hub, Postmates, and Uber Eats. Menu information can be found online at www.bajacalifishandtacos.com, or follow their social media @bajacalifishandtacos on Instagram and Facebook.

Bun 'N Burger, 1000 E. Main St., Alhambra 91801 (626-281-6777), a family-owned restaurant, serves traditional homemade American and Mexican dishes, such as the flamed broiled 100% beef burgers, sandwiches, steaks, and serves all day breakfast dishes. No online order available, but phone orders are welcomed. Order in and take out available only. Hours of service is from 6:30 a.m. to 3 p.m., seven days a week. For more information on menus and restaurant hours, visit them at www.originalbunnburger.com.

Charlie's Trio, 47 W. Main St., Alhambra 91801 (626-284-4943), and Vino at Trio's wine bar, 10 N. First St. Alhambra 91801 (626-284-4674), located in the heart of Alhambra's Main Street entertainment district with a great full menu of Italian dishes, steaks, and seafood dinners. Call in to order and pick up, or come in to pick up only. Check their website at www.charliestrio.com and www.vinotrios.com for more information on restaurant hours, special menus, and happy hour time.

Denny's Restaurant, 369 W. Main St., Alhambra 91801 (626-281-6701), is America's diner with its 24-hour service with a welcoming staff serving up hearty diner foods along with a mug of fresh hot coffee. Online and telephone orders available. Takeout or pickup and delivery options. Visit their website at www.dennys.com for menu list and restaurant specials.

Diner on Main, 201 W. Main St., Alhambra 91801 (626-281-3488), a Retro American '50s "googie" style restaurant, serves great food, fun entertainment and a true diner experience. Diner on Main offers great tasting food from a menu of signature dishes of juicy burgers, salads, steaks, hand-dipped shakes, and homemade pies and cakes. They are open seven days a week serving breakfast, lunch, and dinner. For restaurant hours and pickup orders. Visit www.dineronmainrestaurant.net for more information and menu items.

El Rancho Restaurant, 511 S. Garfield Ave, Alhambra 91801 (626) 300-9320), serves authentic Mexican food from tacos, burritos, fajitas, and tostadas. Call for orders and pickup available only from 8 a.m. to 4 p.m. seven days a week.

Genovese's Italian Kitchen, 2900 W. Main St., Alhambra (626-289-5667), is a classic pizzeria serving favorite Italian dishes like pizza, pasta, soups, and salads. Whole menu is still available for orders, and lunch specials are offered. Online ordering and delivery can be done via Postmates. Contact Genovese's for restaurant hours. Visit www.genoveseskitchen.com for information on hours and menu items.

Mahan Indian Restaurant, 110 W. Main St, Alhambra 91801 (626-458-6299), is an Indian eatery for curries, tandoori dishes, with healthier options of vegan specialties. They are open for lunch from 11 a.m. to 3 p.m. and open for dinner at 5 p.m. to 10 p.m. Order online and delivery options available with UberEats, Grubhub, and Postmates. Visit Mahan online at www.mahanrestaurant.com.

Mancora Peruvian Cuisine, 240 W. Main St., Unit A, Alhambra 91801 (626-940-5402), is open from Monday to Sunday at 11 a.m. to 10 p.m. This casual-dining Peruvian restaurant features flavorful dishes like the Lomo Saltado and the Ceviche de Pescado. Pick up orders only. Online orders and delivery available with UberEats, Postmates, and Doordash. Check out their website www.mancoraperuvian.com for menu list information.

Marie Callender's Restaurant, 220 S. Atlantic Blvd., Monterey Park 91754 (626-281-9548), offers daily lunch and dinner menu along with their delicious famous pies and desserts. Marie Callender's has an extensive list of dishes on their menus from pastas, burgers, sandwiches, desserts, and other signature dishes like the Chicken Pot Pie. Pickup orders only. Online orders and delivery available with UberEats, Postmates, and Doordash. Restaurant hours and full menu information are available at www.mariecallenders.com.

Tastea, 349 E. Main St., Suite 104, Alhambra 91801 (626-289-8886), serves innovative and delicious smoothie and tea drinks. Order online with Tastea and enjoy handcrafted drinks like their popular Bootea Shaker made with mango, peach, and pineapple tea with black jelly, or try the Matcha milk tea. Add more flavors with yummy add-ons like honey boba, egg pudding, and many more. Visit www.gotastea.com for online orders, menu, and store hours.

Wing Stop, 100 E. Main St., Suite 150, Alhambra 91801 (626-282-9464), a buffalo-style chicken wing restaurant, has many choices and flavors of chicken wings on the menu. Order by group packs or by pieces, and add a choice of sides such as seasoned fries, veggie sticks, and Cajun fried corn. Order over the phone or online, and pick up or have it delivered. Make it more flavorful by dipping the wings in homemade ranch, bleu cheese, or honey mustard dip. Check their website at www.wingstop.com for information on menu, restaurant hours, and other special deals.

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First-ever RAV4 TRD off-road model featuring standard dynamic torque vectoring AWD and rally-inspired suspension.

2020 Toyota RAV4 offers new TRD off-road model, multimedia enhancements

Very few vehicles have the capacity to be both a segment leader and a segment disruptor, but the fifth-generation Toyota RAV4 has managed to achieve just that. Introduced in 2019, the latest RAV4 continues its bold leadership moves for 2020 by adding the TRD off-road model to the lineup.

The 2020 RAV4 TRD off-road is the next logical step in that evolution. It's the latest member of Toyota's esteemed TRD family, which includes off-road-capable pickups and SUVs, along with the recently added performance-tuned Camry and Avalon TRD sport sedans.

After making the RAV4 its best-selling model and the best-selling non-pickup small SUV vehicle in America for the past two years, Toyota broke the segment mold yet again with the new generation RAV4. Designed to embody a style and persona inspired by the brand's tough trucks, the RAV4 was also designed to amplify the desirable traits of a crossover: in-

terior comfort, agile handling, a smooth ride, and exemplary fuel efficiency.

Also new for 2020, all RAV4 models expand multimedia capability with Android Auto™ added to the Apple CarPlay® and Amazon Alexa compatibility. The LE and XLE grades, both gas and hybrid, gain standard SiriusXM® with a three-month trial, which was already standard on the higher grades.

Reconfigured equipment and option packages enhance value in the RAV4 XLE, Adventure and Limited grades. In the XLE and XLE hybrid, a power driver's seat is now standard. Heated front seats are moved from the Convenience Package to the Weather Package, which also includes a leather-wrapped heated steering wheel, rain-sensing windshield wipers, and a windshield wiper de-icer. Formerly available only on the all-wheel drive model, this package is now also available for the front-wheel drive XLE to provide even more options.

The RAV4 Adventure grade gains a standard leather-wrapped steering wheel and shift knob and now also offers the Convenience Package, which includes the power liftgate and power moonroof.

The Limited grade models add the JBL® Audio package to the standard equipment roster. This system provides an in-vehicle concert experience with an 800-watt amplifier playing through 11 speakers across eight channels. Among highlights are A-pillar horn tweeters and a ported subwoofer. JBL® system remains optional for other RAV4 model grades (XLE Premium, Adventure Grade, TRD off-road and XSE hybrid).

Blind Spot Monitor (BSM) with Rear Cross Traffic Alert (RCTA) and Rear Cross Traffic Braking (RCTB) system are standard on the higher grades, including the new RAV4 TRD off-road. Front and Rear Parking Assist with Automated Braking (PA w/AB) are also additional safety options.

Form and function, happy together

Designed to tackle urban, suburban, and outdoor adventures with equal aplomb, the Toyota's fifth-generation RAV4 brought more sport and more utility to one of the auto industry's most competitive segments. The robust Toyota New Global Architecture (TNGA-K) platform allows RAV4 to adopt the charisma of a bolder and tougher SUV, but in a package that is lower and wider than the previous model.

The wheelbase and front and rear tracks provide a stable, confident drive, while the front and rear overhangs aid RAV4's trail-driving capability. The RAV4's chiseled appearance conveys athleticism, with a strong nose leading into a dynamic profile with robust shoulders and available 19-inch wheels.

The high-strength unibody chassis is 57% more rigid than the previous generation, and RAV4's optimally tuned front strut and rear multilink suspension systems enhance agility while also delivering a smoother ride. Toyota's secret ingredient in chassis tuning is a group of takumi (highly trained master craftsmen) that focused exclusively on developing the vehicle to act and react as the driver intends and expects, even in extreme weather and road conditions.

The power to choose

The 2020 RAV4 LE, XLE, and Limited grades are available with a choice of gas or gas/electric hybrid powertrains, while the Adventure and TRD off-road grades only offer the

CONTINUED ON NEXT PAGE

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Interior view of a car being worked on in a repair shop.

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New for 2021, the Chrysler Pacifica Pinnacle™ model features the most luxurious interior in its class.

Chrysler Pacifica reaches new pinnacle, offering all-wheel-drive capability, utility-vehicle-inspired updates, most standard safety features in industry

Chrysler Pacifica reaches new pinnacle, offering all-wheel-drive capability, utility-vehicle-inspired updates, most standard safety features in industry

The Chrysler brand took the Windy City by storm at the 2020 Chicago Auto Show, introducing the new-for-2021 Chrysler Pacifica and setting a new standard in the class by delivering available all-wheel-drive (AWD) capability combined with class-exclusive Stow 'n Go seating and more standard safety features than any other vehicle in the industry, all wrapped in a refreshed exterior and interior design.

The 2021 Chrysler Pacifica will offer 97 standard safety features — the most standard safety features in the industry. New LED lights and Pedestrian Automatic Emergency Braking (PAEB) — both offered for the first time in the class as standard equipment — join Blind-spot Monitoring, Rear Cross Path detection, Rear Park Assist, Adaptive Cruise Control with Full Stop, electronic stability control (ESC), Forward Collision Warning with Full Stop, Lane Departure Warning, eight airbags, and more as standard safety features. All told, the Pacifica features 116 standard and available safety and security features.

The all-new Uconnect 5 system, offered for the first time in a North American vehicle and standard across the Pacifica lineup, includes a largest-in-class 10.1-inch touchscreen, which is nearly 20% larger than the screen it replaces. The system is five times faster than Uconnect 4 and includes Alexa. With the Uconnect skill for Alexa, customers with Alexa-enabled devices at home can easily ask Alexa to start the car, lock/unlock doors, and more. Uconnect 5 brings Amazon Alexa directly into the vehicle itself, giving occupants the freedom to interact with Alexa just as they do at home or on a personal device.

The new 2021 Chrysler Pacifica also gives parents a bird's-eye view of their most precious cargo thanks to the new FamCAM interior camera that delivers a best-in-class high-definition image and allows the driver a view of rear-facing child seat occupants in the second row and even allows them to zoom in on passengers. Another first for the segment, new USB Type C ports allow devices to charge up to four times faster than standard USB outlets.

The 2021 Chrysler Pacifica will be built at the Windsor Assembly Plant in Windsor, Ontario, Canada. Orders open in the third quarter of 2020, with the vehicle available in dealerships in the fourth quarter of 2020. AWD also will be available on the 2020 Chrysler Pacifica Launch Edition, which opens for dealer orders in the second quarter of 2020 and begins arriving in dealerships in late second quarter of 2020.

Pacifica's seamless, fully automatic AWD system is the only one in the segment capable of transferring all available engine torque to the rear wheels, or whichever wheels have more available traction. The Pacifica AWD system, the most capable AWD in the class, is also able to sense and stop the drive shaft from spinning when AWD is not required, a class-exclusive feature in the segment that improves efficiency and reduces emissions.

When the Chrysler Pacifica's drivetrain detects that AWD is not needed, it disconnects the power transfer unit and the rear drive module automatically to stop the drive shaft from spinning, reducing driveline drag and improving efficiency.

The Chrysler Pacifica Hybrid delivers more than 80 miles per gallon equivalent (MPGe) in electric-only mode, an all-electric range of more than 30 miles and a total range of more than 500 miles. The segment's first hybrid vehicle features an FCA-designed, innovative dual-motor eF1ite electrically variable transmission (EVT) paired with a specially modified version of the 3.6-liter Pentastar V-6 gasoline engine. The Pacifica Hybrid is designed to offer a seamless driving experience, with no need for the driver to select between electric and hybrid modes.

2020 TOYOTA RAV4

CONTINUED FROM PREVIOUS PAGE

gas engine. Both powertrains deliver an exceptional blend of performance and fuel efficiency. The Dynamic Force 2.5-liter, 203-horsepower four-cylinder engine is paired with an eight-speed Direct-Shift automatic transmission with an EPA-estimated 27 mpg city / 35 mpg highway / 30 combined MPG (LE FWD). The transmission uses direct-lock up in gears two through eight to eliminate power loss from the torque converter while executing ideal, smooth shifts.

The gas engine employs high-speed combustion technology, reduced friction and a variable control system to reduce energy losses associated with cooling and exhaust systems. The result is a stunning 40% thermal efficiency (41% for hybrids).

The LE, XLE and XLE Premium grades offer optional All-Wheel Drive with Dynamic Torque Control and Rear Driveline Disconnect. The system can direct up to 50% of engine torque to the rear wheels. When AWD isn't needed, such as on long highway stretches, the system disconnects, optimizing fuel efficiency.



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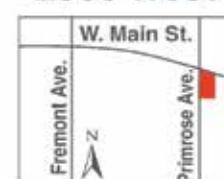
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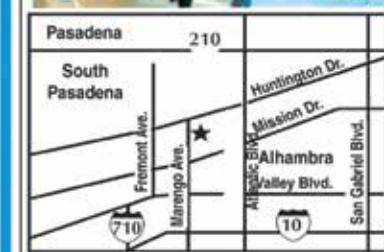
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ALHAMBRA'S ARTISTIC AMERICAN EXPERIENCE CONTINUED FROM PAGE 1B

produced some of America's great western art through being home to a number of America's best known artists.

This slice of the American Experience resided on the east side of town. Much of Alhambra's Artistic American Experience took up residence on Champion Place, right next to the boundary with San Gabriel and a stream that later evolved into what is now the Alhambra Wash. Here the golden era of western art flourished during the 1920s and 1930s.

Champion Place is a short street. It only runs for two blocks and then ends in a cul-de-sac. Homes on the east side of Champion Place have lots that face the mountains and slope down to the Alhambra Wash. In the era of the "Artists' Alley," this would have been an inspiring location for artists. The west bank of the brook provided the best scenic view with the mountains as a background. And here during the early 1900s an artist's enclave developed and became known as "Artists' Alley" and "Little Bohemia." The street still goes by its original name: Champion Place.

The artists who lived there were called "The Eight" in local artist's circles, and their creative community included Norman Rockwell and Clyde Forsythe.

The names that composed "The Eight" were Frank Tenney Johnson, Jack Wilkinson Smith, Sam Hyde Harris, Marjorie Reed, Eli Harvey, Tex Wheeler, Clyde Forsythe, and Norman Rockwell.

Norman Rockwell is the most widely known of these artists today. But the others had great influence and notoriety in the world of western American art.

Some of the creative endeavors would also occur over on Almansor Street where Mr. Forsythe owned a home and Rockwell often stayed during the winter.

Frank Tenny Johnson painted the American West and popularized the style of painting that became known as "The Johnson Moonlight Technique." One of his best known paintings is *Somewhere on the Range*. Mr. Johnson was known to not only use brushes, but also his fingers and knives as painting utensils.

Mr. Johnson was one of the main artists for *Field and Stream Magazine*. For good measure he also studied law and became a lawyer. In the 1920s he moved to 22 Champion Place and shared a studio



Sam Hyde Harris specialized in landscape paintings of the West.

with Clyde Forsythe. He and Mr. Forsythe founded the Biltmore Art Gallery at the Biltmore Hotel in Los Angeles, which became internationally recognized for its collection of American Western art.

Jack Wilkinson Smith started his art career as a sketch artist for the *Cincinnati Enquirer*. He gained national acclaim with his drawings of the Spanish-American War. In 1906, Mr. Smith moved to Alhambra and established his studio on Champion Place in a grove of eucalyptus trees. He too contributed to the Biltmore Art Gallery.

Sam Hyde Harris would purchase Jack Wilkinson's studio when he moved to Alhambra. He was best known as a landscape painter and gained attention for his paintings of a canyon on the edge of Los Angeles called Chavez Ravine. Chavez Ravine is now the location of Dodger Stadium.

Mr. Harris also produced paintings for the Santa Fe Railroad. When rail travel was the state of art means of passenger transport, railroads had their own magazines and hired top grade artists to create illustrations of the exotic destinations that their trains went to. *Sunset Magazine* originally was produced by the Southern Pacific Railroad for their crack passenger train, the Sunset Limited.

Marjorie Reed specialized in western scenes that included stage coaches. She also painted pictures of wildlife such as coyotes and wolves that really appealed to me. Eli Harvey and Tex Wheeler rounded out the group as sculpture artists. Mr. Harvey's bronzes were cast by the Gorham Company and Roman Bronze Works.

Norman Rockwell was introduced to Alhambra by Clyde Forsythe. The two had met in New York, and Mr. Forsythe provided the initial introductions for Rockwell's

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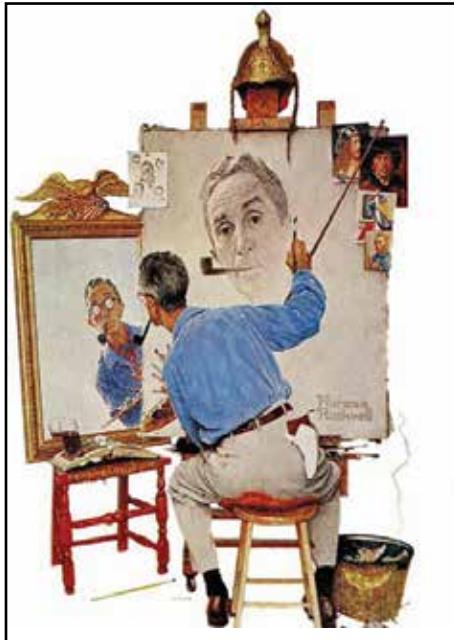
ALHAMBRA'S ARTISTIC AMERICAN EXPERIENCE
CONTINUED FROM PREVIOUS PAGE

employment at the *Saturday Evening Post*.

Mr. Forsythe owned a home at 520 N. Almansor St., which still stands today. Mr. Rockwell often stayed at the Forsythe home during winters. Mr. Forsythe was a renowned cartoonist for the *Saturday Evening Post* and painted covers for the magazine.

Norman Rockwell would ultimately paint 321 covers for the *Saturday Evening Post*. His paintings captured the warmth and charm of the heartland of America. Mr. Rockwell said that if the world was not perfect, that he would paint "the ideal aspects of it."

And the Alhambra of today still is a microcosm of our country as it reflects the American Experience with its diversity, commerce, and strategic location.



Norman Rockwell spent many winters in Alhambra living at fellow artist Clyde Forsythe's home.

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Top 5 mistakes to avoid when buying your first rental property

Buying a rental property is a great move to build wealth, diversify your investments, and possibly even generate some monthly income. And while you may be excited to get started, it's not as easy as it looks, so take your time. Consider your reasons behind investing and lay out your plan of attack early so you don't make these costly mistakes.

Not doing research

Read any books on building wealth, and you'll learn that real estate is a great way to do it. But, that doesn't mean you should dive right in without doing your research, particularly on which type of property to buy and how to manage it once you do.

The best way to learn is by networking with others in the industry and learning from them. There are also plenty of podcasts, books, blogs, and websites available on how to invest in real estate. You'll be well served by at least learning before actually purchasing a rental property.

Don't forget to research the drawbacks of investing in real estate. Knowing these will help you minimize them and reduce your risks.

Not hiring a real estate agent

If you find a great agent experienced in investment properties, they can be worth their weight in gold. Not only will they lead you through all steps of the process, because of their local network, but they may also be able to point you to properties that haven't hit the market yet. Not to mention, real estate agents have access to your local MLS, and they'll be able to find off-market properties as well.

Plus, they can help you figure out creative financing options to make sure the deal doesn't fall through because of lack of funding. The best part is buyers don't pay real estate commission fees, so it's certainly worth finding a good agent to guide you through the process.

Buying a property that is too expensive

Buying an investment property at the right price can be a fine art. While you may find a dirt-cheap property, it's likely in need of major repairs — which can be both a time and money dump. On the other hand, if you purchase a property that's rent-ready but too expensive, you may not be able to generate enough in monthly rent to cover the cost of the mortgage (i.e., positive cash flow).

It's also important to consider the purchase price and closing costs.



Commercial Real Estate

BY MARK PAULSON

ANTHONY VENTI REALTORS, INC.

Mark Paulson is a Realtor in Alhambra specializing in the sale and leasing of commercial real estate. He has been a real estate professional since 1976.

Be sure to factor in other expenses like property taxes, insurance, your mortgage payment, and any utilities you're paying for future tenants — not to mention vacancy and cost of repairs.

Picking bad tenants

One of your most important tasks as a property owner is choosing the right tenants who will pay rent on time and take care of your rental property. We've all heard stories about our co-worker's uncle John with a tenant from hell that cost him thousands of dollars and trashed the place. Sadly, there's a pretty good chance John didn't have a great screening process in place for prospective tenants, and his issue could have been easily avoided.

Ensure you don't have to go through the expensive (and stressful!) process of a tenant eviction by screening all tenants from the start. This includes running a background check, credit report, and income verification on each and every tenant you consider putting in your property.

If you're worried about tenanting your first rental investment property, consider hiring a property management company to find your tenants, screen them, and move them into the property. They'll likely charge a one-time fee for the move-in, on top of their monthly fee of about 10% of gross monthly rent, but it could save you tons of money and hassle in the long run. Plus, you'll be sure you're following all local, state, and federal landlord-tenant laws and avoid getting sued!

Setting the rent too low (or too high!)

Much like the listing price on a home, it's important to hit the sweet spot on your monthly rent. Too high and you'll have too small of a pool of potential renters, and they'll likely go with the cheaper, but comparable option. Too low and you'll be leaving potential income on the table.

ATTENTION LANDLORDS: California's New Rent Control Law

&
What You Need to Know!

If you own an investment property built prior to 2005, you are probably affected.
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Ears	\$45	Buttocks	\$50
Ladies' Face	\$65	Shoulders	\$45
Gentlemen's Face	\$85	Women's Chest (Partial)	\$40
Areolla (Nipples)	\$40	Women's Chest (Full)	\$60
Underarms	\$45	Men's Chest (Partial)	\$60
Neck (Front)	\$35	Men's Chest (Full)	\$90
Neck (Back)	\$40	Full Back (Women)	\$85
Half Arms	\$50	Full Back (Men)	\$110
Full Arms	\$80	Lower Body (Women)	\$190
Bikini (Standard)	\$45	Upper Body (Women)	\$235
Bikini (Strip)	\$55	Lower Body (Men)	\$210
Bikini (Brazilian)	\$65	Upper Body (Men)	\$265
Full Bikini (Men)	\$85	Full Body (Women)	\$380
Legs (Lower)	\$70	Full Body (Men)	\$450
Legs (Upper)	\$70	Touch-up (15 Min)	
Legs (Full)	\$120		

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Restylane® (per syringe)	\$420
Acne Scar Removal (starting price)	\$250
Spider Vein Removal (starting price)	\$200+
Tattoo Removal (starting price)	\$150